



PROVISIONAL SAILING INSTRUCTIONS

[published 11/11/11]

Avon and Somerset Constabulary

Dinghy Sailing Championships

Chew Valley Lake Sailing Club

DATE 28th March 2012

1. RULES

- 1.1. Racing will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the RYA, and the appropriate class rules (except where they are modified by these sailing instructions or refer to wind strength) and these sailing instructions.
- 1.2. When the Racing Rules of Sailing do not apply, boats shall navigate according to the International Regulations for Preventing Collisions at Sea, the rules of CVLSC and the Bristol Water byelaws.
- 1.3. No boat shall go afloat until a rescue boat is manned and the CVLSC burgee is displayed on the main club flagstaff at the head of the jetty.
- 1.4. If displayed, Flag W means: Wear a wet suit or a dry suit.

2. CONDITIONS OF ENTRY

2.1 General

The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/person in charge who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the racing or sailing. Neither these sailing instructions nor any inspection of the boat limits or reduces the absolute responsibility of the owner/person in charge for the crew, the boat and her management. The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/person in charge or crew as a result of their taking part in a race or races. Moreover, every owner/person in charge warrants the suitability of the boat for the race or races, or other sailing.

2.2 Insurance

Each participating boat shall be insured with a valid Third Party Liability Insurance with a minimum cover of £2m

2.3 Sail Numbers

The Race Committee may allow a boat to use a sail number that does not comply with RRS 77, but only in exceptional circumstances and when a request is first made to the Race Officer.

3. SAFETY

- 3.1 All Competitors and other sailors shall wear adequate personal buoyancy when afloat except while changing or adjusting personal clothing or personal equipment. Wet suits and dry suits are not adequate personal buoyancy. This adds to RRS 1.2

4. COMMUNICATIONS WITH COMPETITORS

- 4.1 Notices to competitors will be posted on the Official Notice Board in the Registration Room.

5. CHANGES TO SAILING INSTRUCTIONS

- 5.1 Any change to the Sailing Instructions will be posted on the Official Notice Board 30 minutes before the first scheduled race on the day it takes effect. A change to the race schedule will be posted 30 minutes before the start of a race affected.

6. SCHEDULE OF RACES

Racing will be conducted at Chew Valley Lake Sailing Club

Briefing 10:30.

Race 1: Start 11:00, races 2 and 3 to follow as directed by the Race Officer

7. SIGNALS MADE ASHORE

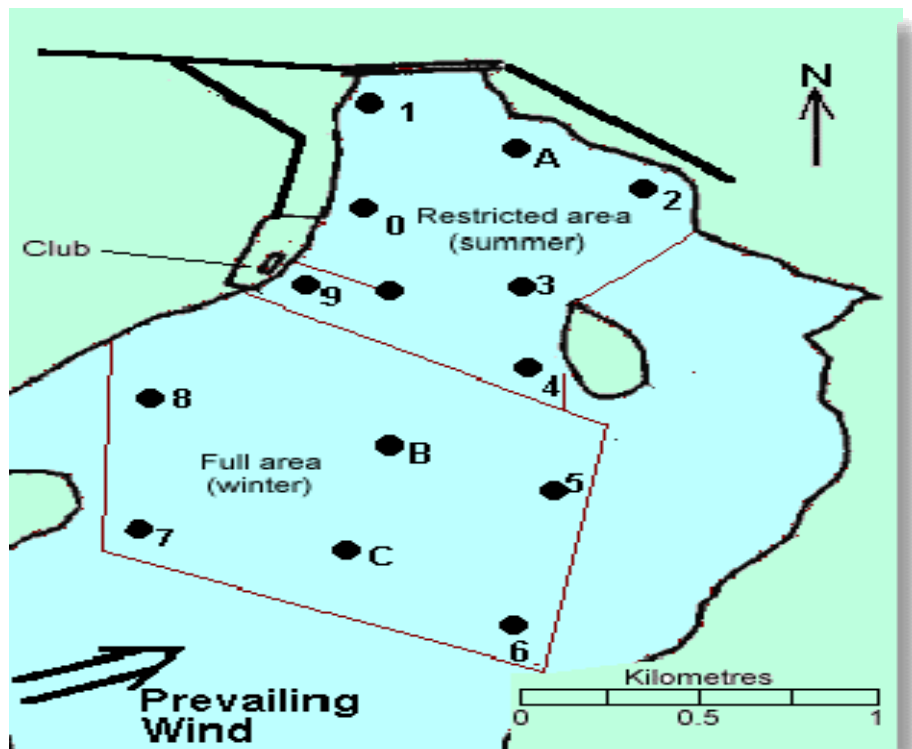
- 7.1 Signals made ashore will be displayed on the Race Office Flagstaff or on the North Race-Hut Flagstaff if that start line is used.

8. CLASS FLAGS

- 8.1 Class flags will be as stated in the rules of the class, or as described on the Official Notice Board or Race Briefing

9. SAILING LIMITS/RACING AREA

- 9.1 The sailing area is limited by lines of buoys which are continuing obstructions for RRS 19 and RRS 20. The summer sailing area is defined by " a line of sight from Woodford Lodge to the Southern end of Bishop Sutton village" A boat shall not sail outside the sailing area at any time, except in an emergency.
- 9.2 A boat shall launch and come ashore only at the slipways and the adjacent shore, unless in an emergency.
- 9.3 **A boat shall not sail within 50 metres of a fisherman on the shore, or within 25 metres of a fishing boat. A prohibited zone created by this Sailing Instruction is an obstruction.**



10. THE COURSES

- 10.1 The course will be displayed at the warning signal on the Committee Boat, if used; on the Race Office Bridge; and/or on the Course Board. When there is a discrepancy between the courses displayed, sail the course displayed on the Committee Boat or, in its absence, the course displayed on the Race Office Bridge.
- 10.2 The Course will be designated by numbers and/or letters identifying the marks in the order they are to be passed. A red background to a number or letter means: Pass this mark to port. A green background means: Pass this mark to starboard. The letter G on a white background means: Gate. The gate is designated by 2 buoys with blue flags or between a committee boat and buoy displaying a blue flag. A yellow board will designate which course is to be used for each start.
- 10.3 The number of rounds will be displayed with the course. When the shore finishing line is used, the laps are counted from the first time of crossing this line.
- 10.4 If the Race Officer changes a designated course prior to the Warning Signal, Flag C may be displayed with one sound signal. This adds to the meaning of Flag C.
- 10.5 RRS 33, changing the Course after the Start, will not apply. At any rounding mark the Race Committee may signal a change of the direction of the next leg of the course by displaying a red or green flag on or near the mark which began the affected leg, indicating that the direction of that leg lies either to port or starboard respectively of its previous position. The next mark need not be in position when boats start the leg.

11. DESCRIPTION OF MARKS

- 11.1 Marks are spherical buoys (which may have flags), or large inflatable race marks. If using the inflatable race marks, the locations of marks in the diagram at the end of the SIs do not apply.

12. THE START

- 12.1 An orange flag flown from either the Race Office Flagstaff or from the North Race-Hut Flagstaff means: The starting line is a projection of a line formed by the two adjacent red and white poles. Boats shall start between the buoys with blue flags which may not be exactly on the line.
- 12.2 The Committee Boat starting line is between the mast bearing an orange flag on the Committee Boat and either a buoy with a blue flag or an adjacent course buoy or a boat displaying an orange flag.
- 12.3 Race will be started using RRS 26 with the warning signal given 5 minutes before the start signal :
5 – 4 – 1 - GO

13. THE FINISH

- 13.1 The Shore Finishing Line is the projection through two red and white poles in front of Race office or North Race-Hut. Boats shall finish between the buoys with blue flags which may not be exactly on the line.
- 13.2 The Lake Finishing Line is between the mast on the Committee Boat displaying an orange flag and a nearby course buoy, or buoy bearing a blue flag or a boat displaying an orange flag.

14. PROTESTS

- 14.1 The protest time limit is 30 minutes after the last boat finishes. Protest forms are available from the Race office. If back-to-back races are being sailed, the protest time limit will commence when the last boat finishes the last back-to-back race. If Arbitration or an Advisory Hearing is requested the protest time limit is extended to 30 minutes after arbitration or the advisory hearing has finished.
- 14.2 A boat that may have broken a rule of Part 2, or rule 31 or 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the race committee that she accepts a 20% scoring penalty as stated in rule 44.3(c), (except that the minimum penalty is two places if that does not result in a score worse than DNF).

15. SCORING

- 15.1 The event shall be decided in accordance with Low Points System
- 15.2 Series ties will be broken using rule A8.1 and A8.2
- 15.3 The race to be completed to constitute a series.
- 15.4 Each boat's score shall be the total of her race scores, with her worst score discarded if 3 races have been completed.
- 15.5 The race will consist of not more than 3 races. If 3 races are completed - 1 discard will be allowed. If less than 3 races are completed - 1 discard will be allowed.

16. DECLARATIONS

- 16.1 Signing on before each race will not be necessary although it will be necessary to have entered the series to be eligible to start a race.

17. HANDICAP RACES

- 17.1 Handicap races will be scored using the RYA Portsmouth Yardstick (PY) Scheme. The PY numbers or any change to them will be displayed at least 30 minutes before the start of a race on the Official Notice Board. A boat without a published PY number will be allocated one by the Race Officer.